

# PRODUCT INFORMATION

## LifeNutri Shake Chocolate

LifeNutri shake is a nutritional and delicious mixture that gives your body optimal health, without the excess amounts of calories and has low sugars and fats.

It is ideal for a new healthier way of living which benefits all types of people and life-styles. LifeNutri shake is a supplement that is easy to digest and offers the balanced amount of macronutrients and micronutrients. This supports your overall health.

***With an incomparable fusion of organic plant proteins, LifeNutri Shake is not just good it is Phenomenal!***



### FOCUS:

- Organic Plant Protein of High Value
- Dietetic fiber that supports the digestive health
- Essential Fatty Acids
- Vitamins and Minerals
- Nutrients like green tea, Açai, cactus, blueberries, among others that have a powerful effect of antioxidants, and an energetic formula that also favors weight loss.

- **ORGANIC RICE PROTEIN**
- **SOURCE OF OMEGA 3**
- **ORGANIC PEA PROTEIN**

- **ANTIOXIDANTS**
- **MINERALS**
- **VITAMINS**

NUTRITIONAL INFORMATION		
Portion Size: 30g Serving per Container: 15		
Energetic Content:	Per portion:	Por 100 g:
Proteins:	528,91 kJ (124,60 kcal)	1 763,02 kJ (124,60 kcal)
Lipid Fats:	17,54 g	58,46 g
Polyunsaturated fat	2,61 g	8,70 g
Monounsaturated fat	0,57 g	1,90 g
Saturated fat	0,40 g	1,34 g
Trans fatty acids:	0,00 g	0,00 g
Cholesterol:	0,00 mg	0,00 mg
Carbohydrates:	7,74 g	25,80 g
Sugars:	2,93 g	9,75 g
Dietary fiber	6,20 g	20,64 g
Sodium	186,00 mg	620,00 mg
Vitamin A (Equiv. Retinol)	250,00 µg	832,50 ug
folic acid	50,00 µg	166,50 ug
biotin	25,00 µg	83,25 ug
Vitamin B1 (Thiamine)	0,38 mg	1,25 mg
vitamin B2 (Riboflavin)	0,43 mg	1,42 mg
vitamin B5 (Pantothenic Acid)	5,00 mg	16,65 mg
Vitamin B6 (Pyridoxine)	1,75 mg	5,83 mg
Vitamin B12 (Cyanocobalamin)	0,50 µg	1,67 µg
Vitamin C (Ascorbic Acid)	15,00 mg	49,95 mg
Vitamin D	1,25 µg	4,16 ug
Vitamin E (Tocopherol)	1,66 mg	5,55 mg
Vitamin K	20,00 µg	66,60 ug
Calcium	135,00 mg	449,55 mg
Copper	0,30 mg	1,00 mg
Chrome	25,00 µg	83,25 ug
Phosphor	120,30 mg	400,60 mg
Iron	1,50 mg	5,00 mg
Magnesium	35,00 mg	116,55 mg
Manganese	0,50 mg	1,67 mg
Potassium	62,40 mg	207,80 mg
Zinc	1,50 mg	5,00 mg
Bromelain	50,00 mg	167,00 mg
Papain	50,00 mg	167,00 mg
Estrogenic bacilli	100 millones	333 millones
Acidophilic Lactobacilli (edited)	30 mil millones	100 mil millones

Contains 240 MG of Stevia per 100 g of product

### • USAGE:

Dissolve 30grams (¼ cup) in cold water, almond milk, coconut milk, fresh juice, or your preferred drink. If you would like, you can also mix in fruits or vegetables. It's suggested to drink the shake 2 times a day, before and after a workout, as a healthy breakfast, or as a snack between meals.

### • STORAGE INSTRUCTIONS

Do not use if seal is broken. Keep it tightly sealed and store it in a dry and fresh area. Avoid exposing the product in heat or direct sunlight.

### • DISCLAIMER

These statements have not been evaluated by the Food and Drug Administration. Information and products are meant for general use only and are not intended to diagnose, cure, treat, or prevent any disease or provide medical advice. Any decision to use supplements to support your specific needs should be considered in partnership with your licensed healthcare practitioner. Any questions you may have concerning your use of drugs, medications, or supplements should be directed to your healthcare provider.



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