

## PRODUCT INFORMATION

### LifeNutri Shake Vanilla

LifeNutri Shake is a nutritional and delicious mixture that gives your body optimal health, without the excess amounts of calories, added sugars and fats

It is ideal for a new healthier way of living which benefits all types of people and life-styles. LifeNutri Shake is a supplement that is easy to digest and offers the balanced amount of macronutrients and micronutrients. This supports your overall health.

#### KEY INGREDIENTS

- PEA PROTEIN
- SACHA INCHI PROTEIN
- ORGANIC HEMP PROTEIN
- CHIA SEED
- STEVIA LEAF EXTRACT (REBAUDIOSIDE A)
- SPIRULINA
- KELP
- DULSE (*Palmaria palmata*)



Dairy Free



zero Cholesterol



115 Calories per serving



21 grams of Protein per serving



#### FOCUS:

- Organic Plant Protein of High Value
- Dietetic fiber that supports the digestive health
- Essential Fatty Acids
- Vitamins and Minerals

### Supplement Facts

Serving Size 30 Grams (1 scoop)  
Servings Per Container: About 15

| Amount Per Serving | %Daily Value* |     |
|--------------------|---------------|-----|
| Calories           | 115           |     |
| Calories from Fat  | 25            |     |
| Total Fat          | 2.5 g         | 3%  |
| Saturated Fat      | 0 g           | 0%  |
| Trans Fat          | 0 g           | †   |
| Cholesterol        | 0 mg          | 0%  |
| Sodium             | 240 mg        | 10% |
| Total Carbohydrate | 3 g           | 1%  |
| Dietary Fiber      | 2 g           | 7%  |
| Total Sugars       | 0 g           | †   |
| Protein            | 21 g          | 42% |
| Calcium            | 40 mg         | 3%  |
| Iron               | 7.2 mg        | 40% |

\*Percent Daily Values are based on a 2,000 calorie diet. †Daily Value not established.

#### • USAGE

Dissolve 30grams (¼ cup) in cold water, almond milk, coconut milk, fresh juice, or your preferred drink. If you would like, you can also mix in fruits or vegetables. It's suggested to drink the shake 2 times a day, before and after a workout, as a healthy breakfast, or as a snack between meals.

#### • STORAGE INSTRUCTIONS

Do not use if seal is broken. Keep it tightly sealed and store it in a dry and fresh area. Avoid exposing the product in heat or direct sunlight.

#### • DISCLAIMER

These statements have not been evaluated by the Food and Drug Administration. Information and products are meant for general use only and are not intended to diagnose, cure, treat, or prevent any disease or provide medical advice. Any decision to use supplements to support your specific needs should be considered in partnership with your licensed healthcare practitioner. Any questions you may have concerning your use of drugs, medications, or supplements should be directed to your healthcare provider.

Our LifeNutri Shake serves up to 21 grams of vegan protein and only 120 calories in every serving. Fuel your body with clean, organic nutrition with a complete amino profile, no added sugars\*, and no artificial sweeteners.

| TYPICAL AMINO ACID PROFILE PER SERVING |      |                           |       |                            |      |
|--|------|---------------------------|-------|----------------------------|------|
| L-Isoleucine (BCAA**/****)             | 4.7% | L-Glutamine               | 17.1% | L-Serine                   | 5.4% |
| L-Leucine (BCAA**/****)                | 8.2% | L-Phenylalanine (EAA****) | 4.4%  | L-Alanine                  | 4.3% |
| L-Valine (BCAA**/****)                 | 5.1% | L-Threonine (EAA****)     | 3.7%  | L-Tryptophan (EAA****)     | 1.1% |
| L-Arginine (EAA****)                   | 9.2% | L-Aspartic Acid           | 11.7% |                            |      |
| L-Lysine (EAA****)                     | 6.9% | L-Tyrosine                | 3.8%  |                            |      |
| L-Cystine                              | 1.0% | L-Proline                 | 4.3%  | **Branch Chain Amino Acids |      |
| L-Methionine (EAA****)                 | 1.2% | L-Histidine (EAA****)     | 2.5%  | ***Essential Amino Acids   |      |

This "Typical Amino Acid Profile" represents the average ratio of amino acids naturally occurring in this product. These numbers can slightly fluctuate from batch to batch as with all natural protein sources.



## People have been raving about our Plant Based Protein for 3 reasons:

1. It can help kick sugar cravings.
2. There's no weird aftertaste.
3. It's 100% Vegan.

**“INSPIRE THE CHANGE YOU WISH TO SEE IN THE WORLD.”**

And because we believe you deserve products that are free of dangerous artificial ingredients and cheap additives, we created the Inspire International Standard.



### **HELPS CONTROL CRAVINGS (AND CURB APPETITE)** -\*Maybe you're trying to lose weight?

Maybe you want to stay lean and toned? What we all have in common is the need to fight those sugar cravings between meals. Pea protein helps, and since we use the highest quality available, the 21 grams you get from one serving are easy to absorb.



**NO GRAINY OR CHALKY TEXTURE** -Our refine blend of protein is smooth and delicious. By carefully de-podding the peas, we're able to get rid of that gritty texture you get from other plant-based protein powders. You get all the nutritional benefits, but without the chalky feel in your mouth.



**SAME ENERGY, LESS HEAVINESS THAN MEAT** -If you like the idea of consuming less meat, our plant-based protein blend is a satisfying alternative to heavy animal proteins. It will give you the same energy – without weighing you down.



**A QUICK MEAL THAT LASTS** -You want your smoothie to last as long as possible – we get it. The good news is that plant protein has been shown to keep people feeling full even longer than meat. So, when you're in a pinch, you can make a smoothie with our LifeNutri Shake. It's healthy, fast, and filling.



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 \*\*\*This product is not intended to diagnose, prevent, treat or cure any disease.